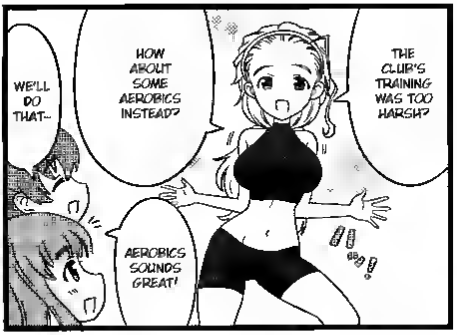
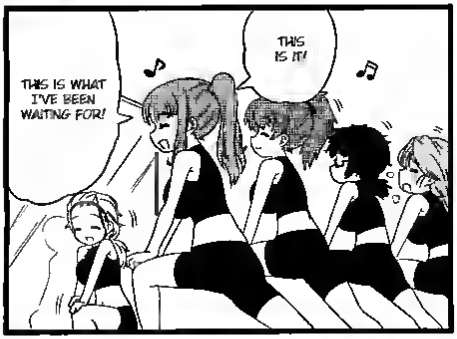
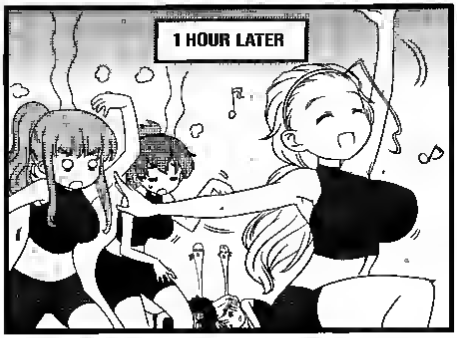
第8話 OPERATION DIET!

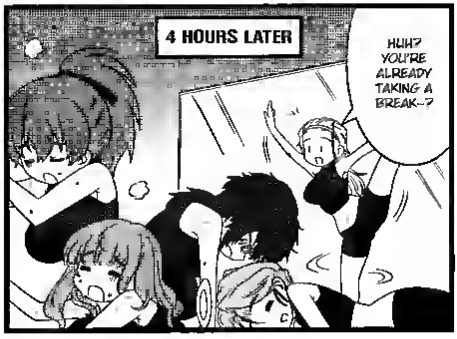
NOW FOUNDED!
OOARAI GIRLS DIET CLUB!
STARTING THE GIRL'S FIGHT
REALLY ?
DO YOU LOVE SNACKING?
YEAH~ ...
YEAH~ !
ARE YOU SCARED OF SCALES ?
SINCE YOU DON'T MIND, HOW ABOUT LETTING ME GRAB YOUR BELLIES FOR A BIT~?
HM?
I DON'T REALLY MIND, EITHER.
I JUST GOT DRAGGED ALONG, I'M NOT REALLY~
I'VE BEEN A BIT NEG-LIGENT LATELY...
THIS SAVES ME~

MODERATE BURNING

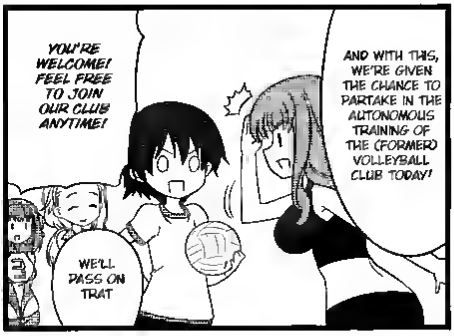


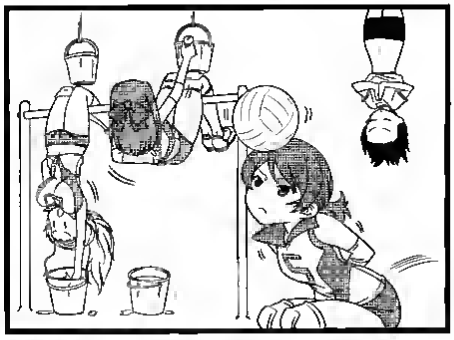




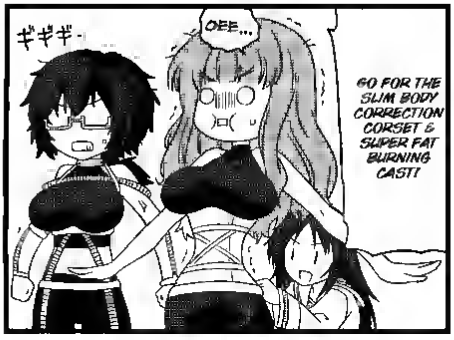


MODERATE EXERCISE


YOU'RE WELCOME! FEEL FREE TO JOIN OUR CLUB ANYTIME!
AND WITH THIS, WE'RE GIVEN THE CHANCE TO PARTAKE IN THE AUTONOMOUS TRAINING OF THE (FORMER) VOLLEYBALL CLUB TODAY!
WE'LL PASS ON THAT

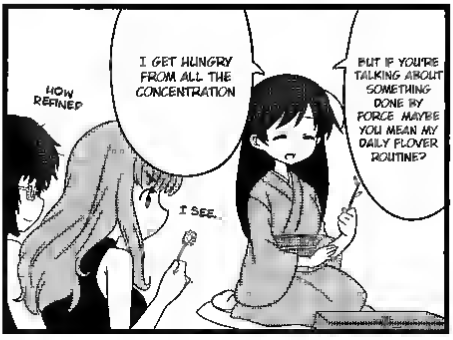


MODERATE MEASURES

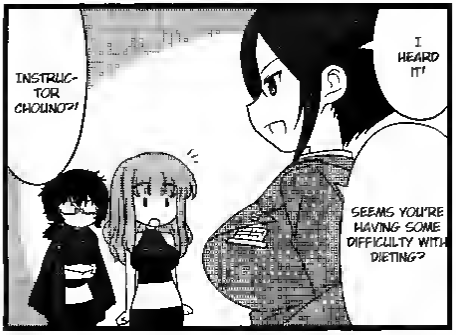


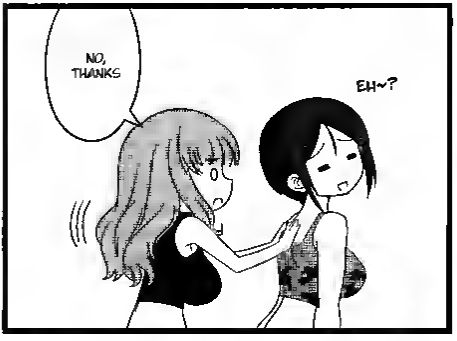
BLUE RICE
CONTROLLING THE AMOUNT OF FOOD INTAKE BY SPRINKLING IT WITH BLUE COLOR TO LOSE APPETITE!
AND JUST BY DRINKING THIS YOU CAN GET SLIM... PROBABLY?
DIET SUPPLIES!

MODERATE CONSUMPTION

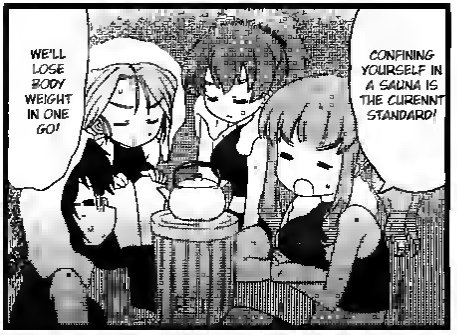

HOW REFINED
I GET HUNGRY FROM ALL THE CONCENTRATION
BUT IF YOU'RE TALKING ABOUT SOMETHING DONE BY FORCE MAYBE YOU MEAN MY DAILY FLOWER ROUTINE?
I SEE.

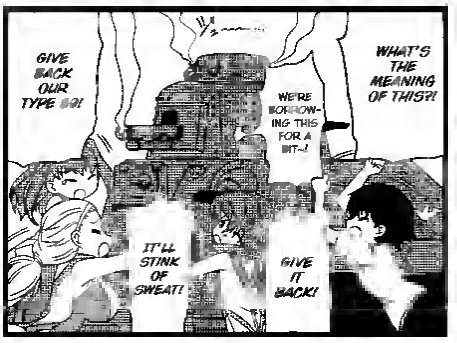
MODERATE BOOT CAMP

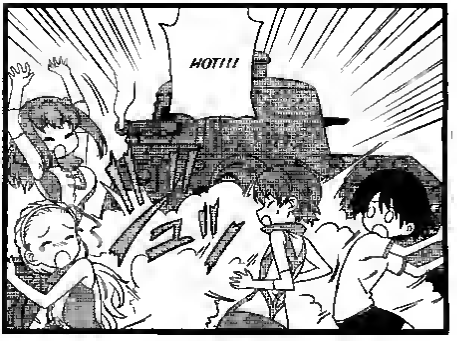




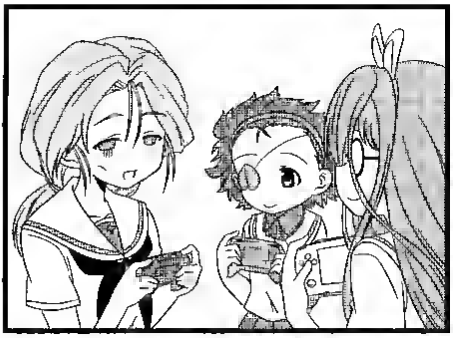
MODERATE SAUNA





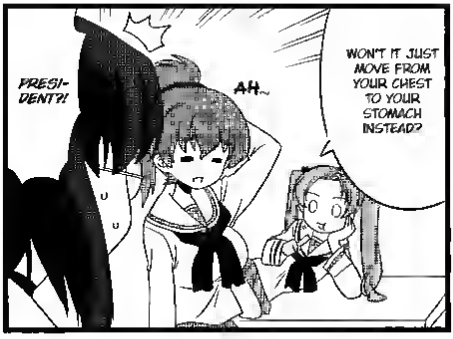


MODERATE CHANGE OF PACE

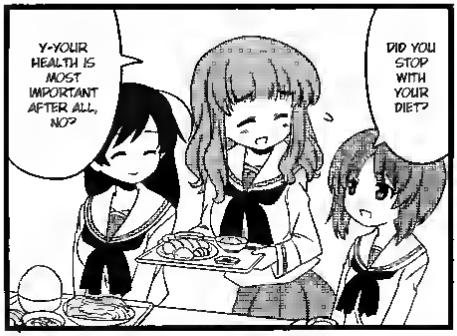


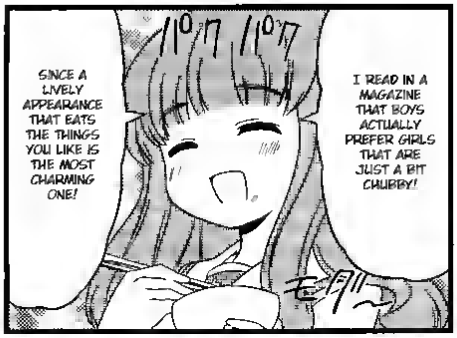
*NICONICO MEME. IT SEEMS. SNORT FOR 誰がうまいこと言えと言った

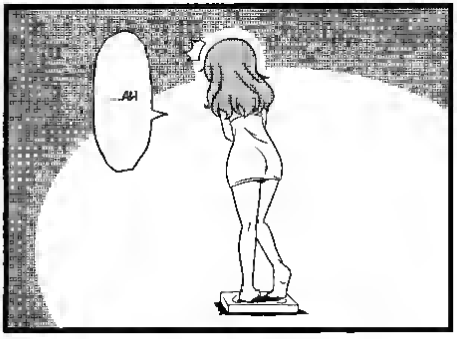
MODERATE INTAKE

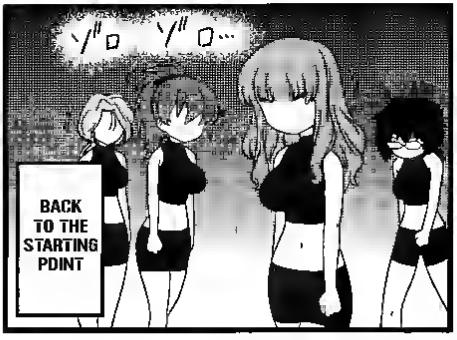


DIET CLUB AGAIN...

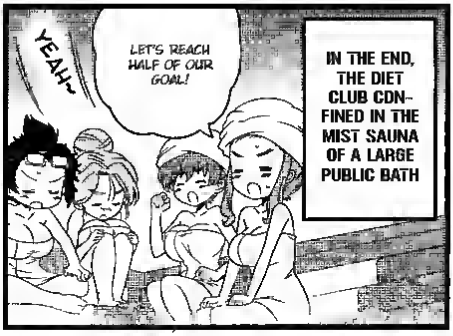


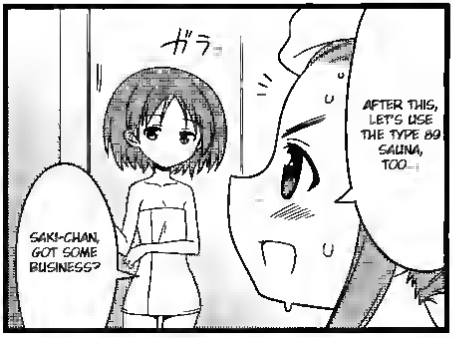

SINCE A LIVELY APPEARANCE THAT EATS THE THINGS YOU LIKE IS THE MOST CHARMING ONE!
I READ IN A MAGAZINE THAT BOYS ACTUALLY PREFER GIRLS THAT ARE JUST A BIT CHUBBY!





DIET CLUB BREAKUP





IT'S IMPORTANT TO JUST GIVE UP SOMETIMES. THIS IS THE GIRLS WAY OF DIETING

次号につづく! 2月号 12月27日(金)発売!!

ATTENTION TO THE READER

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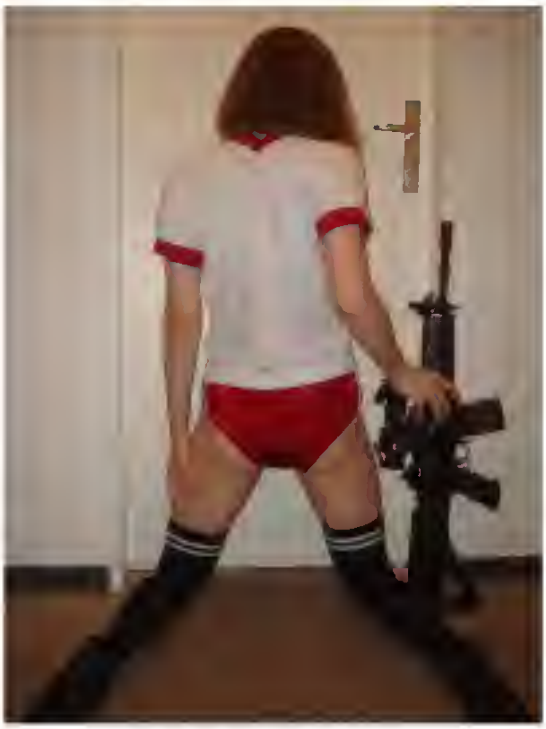

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